LET'S TALK:
Relationships, Sex & Reality

A Virtual Lunch-Hour Chat for Everyone.

WE COVER IT ALL:

- **Healthy Boundaries** (at home, work, and beyond)
- **Dating, Sex & Sexuality**
- **Building Strong Support Systems**
- **Navigating Friendships & Family**

WHEN & WHERE

Every 2nd and 4th Friday of the Month

12:00 PM – 1:00 PM

Virtual: You will receive the meeting link after registering

WHO IS THIS FOR? Everyone is welcome!





- **Individuals & Self-Advocates**
- **Parents & Guardians**
- **DSPs & Care Providers**
- **Professionals**

"A safe, inclusive space to explore, understand, and connect."

REGISTER: Scan the QR Code

For questions contact:
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