

HUMAN SERVICES DEPARTMENT



GME EXPANSION REVIEW BOARD & ADVISORY MEETING

DR. DAVID SCRASE, HSD SECRETARY; DR. DAVID RAKEL, BOARD CHAIR

January 8, 2021 - Via GoToMeeting

INVESTING FOR TOMORROW, DELIVERING TODAY.

BEFORE WE START

On behalf of all colleagues at the Human Services Department, we humbly acknowledge we are on the unceded ancestral lands of the first peoples of what today is known as the State of New Mexico, including its Pueblos, Tribes, and Nations past and present. With gratitude we pay our respects to these communities and their homeland.



PHOTO COURTESY: HSD Employee

AGENDA

Time	Agenda Item	Facilitator(s)	Desired Outcome
1:00	Welcome & Introductions	David	Frame meeting and objectives, provide opportunity for introductions, and establish quorum.
1:10	Approval: 9/4/20 meeting minutes	Alex	Board members vote to approve previous meeting minutes.
1:15	2021 Strategic Plan, RFA Overview and SPA Update	Alex, Erica, NMPCTC	Update the group on changes and new insights related to strategic plan; outline timeline and process for awarding FY21 funding.
2:15	Program Updates	BCOM, MMC, RMCHCS	Share progress on program development.
2:30	Public Comment		
2:45	Summary & Next Steps	David & Alex	Outline GME Board & Advisory Group next steps, identifying tasks and owners as needed.
3:00	Adjourn *Next virtual meeting will be Friday, March 5 (time TBA)*		

JOINING THE TEAM

- Dr. LaWanda Jim: Chair, Internal Medicine Department, Northern Navajo Medical Center, joining as board member.



- Dr. Elizabeth Romero: Department of Psychiatry, UNM School of Medicine, joining as advisory group member.



- Dr. Anjali Taneja: Executive Director, Casa de Salud, joining as advisory group member



2021 STRATEGIC PLAN OVERVIEW

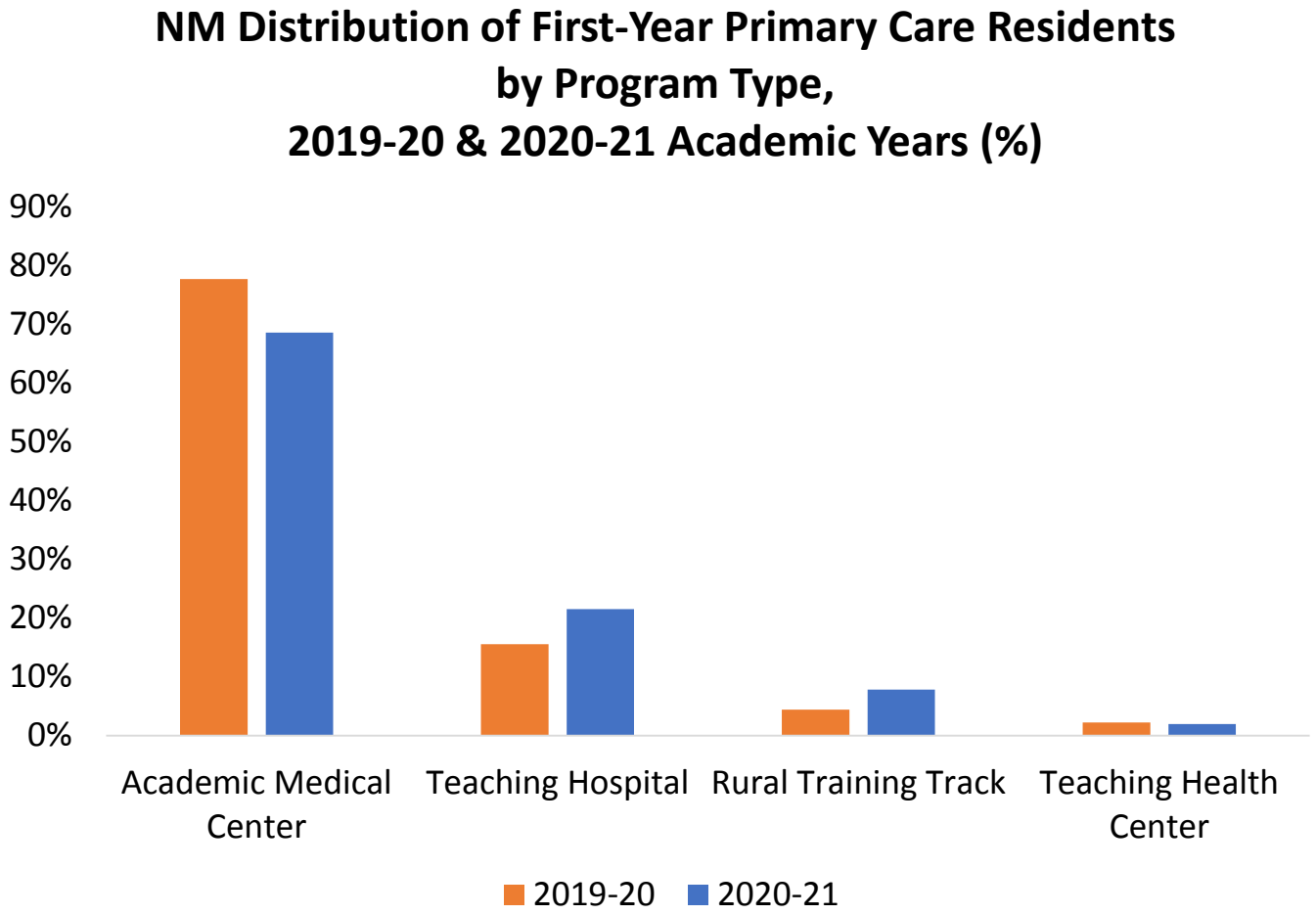
- Over a 5-year period, starting in 2019, GME primary care programs expected to grow from 8 to 13 (63% increase).
- During same 5-year period number of residents in training expected to grow from 142 to 291 (205% increase).
- Number of graduates each year expected to grow from 48 to 94 (starting in 2025), a 96% increase.

5-Year Timeline of New or Expanded Primary Care GME Programs in NM

	Number of New First-Year Residents							
Program	**FY20**	**FY21**	**FY22**	**FY23**	**FY24**	**FY25**	**Total new Residents**	**New Graduating Resident per Year**
Family Medicine	3	15	15	22	10	10	**65**	**25**
General Psychiatry	0	5	11	11	11	6	**54**	**11**
General Pediatrics	-	5	5	5	-	-	**15**	**5**
General Internal Medicine	-	5	5	5	-	-	**15**	**5**
Total Residents per Year	**3**	**32**	**38**	**45**	**21**	**16**	**149**	**46**

CURRENT PRIMARY CARE GME PROGRAMS

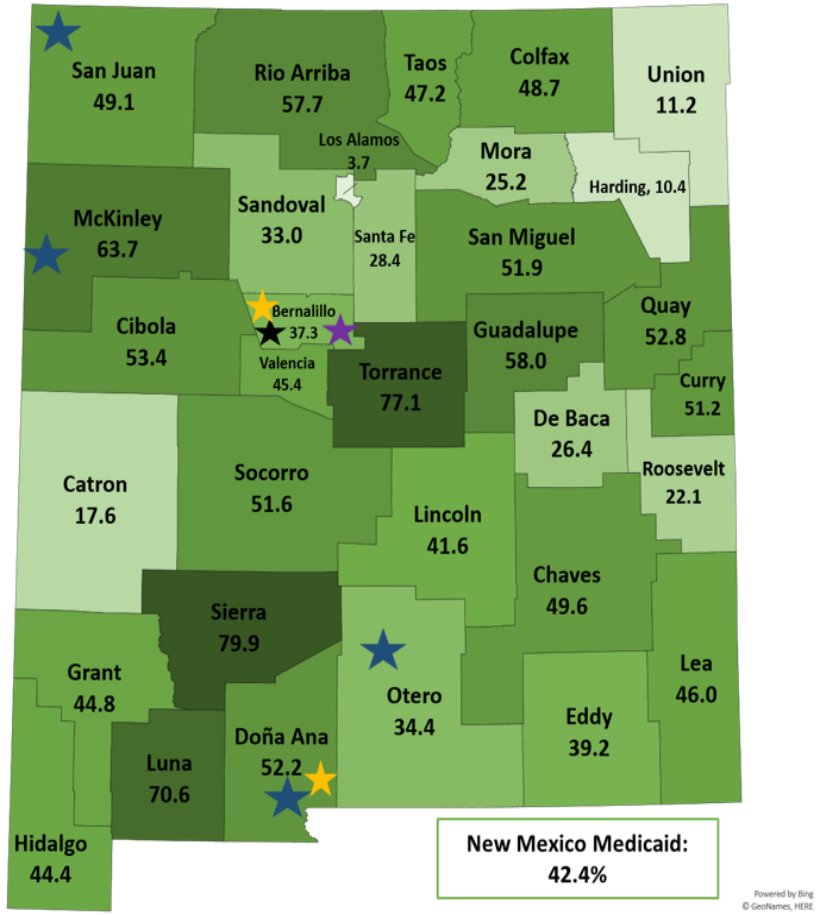
- In 2019, 8 programs in NM had 90 first-year residents
- New 1+2 Family Medicine program between MMC and GCRMC launched in 2020 adding 3 residents per year.
- 11.8% increase in community-based programs since 2019 academic year.



PROGRAMS UNDER DEVELOPMENT/CONSIDERING EXPANSION

- Beginning in 2019, 5 new programs will develop, adding 126 residents at full capacity.
- Programs located in counties with and adjacent to high numbers of Medicaid customers.

New and Expanding GME Programs as of November 2020; Medicaid and Children's Health Insurance Program (CHIP) Enrollment as a Percentage of Population by County as of October 2020



Source: New Mexico Human Services Department, Income Support Division. Recipients as of October 2020. U.S. Census Bureau, Population Estimates Program (PEP), Vintage 2019, QuickFacts. Retrieved from https://www.census.gov/quickfacts, December 10, 2020.

PROGRAMS UNDER DEVELOPMENT/CONSIDERING EXPANSION

Sponsoring Institution	New/ Expansion	Partner/ (Location)	Model	Specialty	Annual Resident Capacity	Status	Notes
Rehoboth McKinley Christian Hospital	New	Independent (Gallup)	Teaching Hospital	Family Medicine (FM)	4	2021 start	SI approved, application under development
Memorial Medical Center (MMC)	New	Gerald Champion (Alamogordo)	RTT	FM	3	2020 start	First year at MMC
MMC	New	Las Cruces	Teaching Hospital	Psychiatry	3	Possible 2022 start	ACGME application under development
MMC	Expansion	La Clínica de Familia (Las Cruces)	THC	FM	4	2021	Expansion and training site approved by ACGME. Currently recruiting residents for 2021 start.
UNM	Expansion	Albuquerque	AMC	IM	3	2021	ACGME approved
UNM	Expansion	Albuquerque	AMC	Pediatrics	5	2021	ACGME approved
UNM	Expansion	Albuquerque	AMC	Psychiatry	3	2021	ACGME approved
UNM	New	N. Navajo Medical Center (Shiprock)	RTT	FM	2	Unknown	Early Development

POTENTIAL PROGRAMS

Table 7: Potential Future GME Programs in New Mexico				
Sponsoring Institution	Location	Model	Specialty	Rationale
Eastern NM Medical Center & Burrell College	Las Cruces	TBD	FM	Southeastern NM has no GME program. (Texas Tech has a program with training sites in Eastern NM).
UNM Rural	Unknown	AMC	Gen. Psychiatry	NM has significant shortages and limited availability of BH services.
Presbyterian	Unknown	Unknown	FM	Clinical capacity and potential for specialty exposure exists.
Northern NM	Santa Fe and surrounding areas	Teaching Hospital and 1+2	FM	Projecting growth in Christus SV as a result of creating independent programming.

TIMELINE OF GME EXPANSION IN NM

5-Year Timeline of New or Expanded GME Programs in NM							
Number of New First-Year Residents							
Program	FY20	FY21	FY22	FY23	FY24	FY25	**Total new Residents**
Family Medicine (3 Year Program)							
Memorial Medical Center (MMC) & Gerald Champion	3	3	3	-	-	-	**9**
MMC & La Clínica de Familia	-	4	4	4	-	-	**12**
UNM & Shiprock	-	2	2	2	-	-	**6**
Presbyterian	-	-	-	4	4	4	**12**
CHRISTUS St. Vincent	-	2	2	2	-	-	**6**
CHRISTUS St. Vincent & El Centro	-	-	-	2	2	2	**6**
Rehoboth McKinley Christian Hospital	-	4	4	4	-	-	**12**
Eastern NM Medical Center	-	-	-	4	4	4	**12**
General Psychiatry (4 Year Program)							
UNM (expansion)	-	5	5	5	5	-	**20**
UNM Rural	-	-	3	3	3	3	**12**
Memorial Medical Center	-	-	3	3	3	3	**12**
General Pediatrics (3 Year Program)							
UNM (expansion)	-	5	5	5	-	-	**15**
General Internal Medicine (3 Year Program)							
UNM (expansion)	-	5	5	5	-	-	15
Total Residents Per Year	**3**	**30**	**36**	**43**	**21**	**16**	**Total new residents trained = 149**

FINANCIAL SUSTAINABILITY: MEDICAID FINANCING

- GME **State Plan Amendment (SPA)** submitted to CMS on 9/30/20.
  - HSD responded to CMS' first round of questions and CMS indicated a request for additional information is forthcoming.
- **1115 Waiver** is out from public comment on Public comment starts January 1 - January 31, 2021.
  - 1115 Waiver is scheduled to be submitted to CMS on March 1, 2021.
- HSD is working to include **IHS** into the SPA upon discussion and guidance from CMS.

Submit public comment for 1115 Wavier at: https://www.hsd.state.nm.us/uploads/files/Public%20Information/Public%20Notices%2C%20Proposed%20Rule%20and%20Waiver%20Changes/Comment%20Period%202020/CC%202%200%20Draft%20Waiver%20Amendment%20App.pdf

Key GME Medicaid Financing Topics

Topic	Current State	Relevance	Solution
1. Raise state annual payment limit to reflect full amount needed for expansion.	Current state Medicaid rules place an annual limit of $19.5 million.	Each resident FTE receives less than its allocated amount (~$34,000).	State Plan Amendment (SPA) removes annual limit.
2. Address FTE limit to reflect full amount needed for existing and anticipated expansion.	Current state Medicaid rules place a FTE cap of 450 for funding.	449 positions filled as June 2020.	SPA removes FTE cap.
3. Increase payment structure to incentivize new Primary Care resident position growth.	State Medicaid rules support a Primary Care FTE at $41,000 while specialist FTEs are funded at $50,000.	New programs cite financial concerns and sustainability as primary barriers towards expansion.	SPA funds new Primary Care FTEs at $100,000. All other new FTE funded at $50,000.
4. Make payments for existing resident FTE positions equitable.	Current state Medicaid rules fund specialties at different rates: • Primary Care: $41,000 • Other: $50,000 • Rural: $52,000	New programs cite financial concerns and sustainability as primary barriers towards expansion.	SPA funds all existing resident FTE (regardless of specialty) equally at $50,000.
5. Amend provider types eligible for Medicaid payments.	State Medicaid rules permit only licensed hospitals with accredited programs.	Non-hospital programs are ineligible for payment.	SPA expands eligibility to FQHCs and RHCs.

ACADEMIC SUSTAINABILITY FY 2021 GOALS

1. **Interview residents and faculty** to learn about rural/frontier workforce development.
2. Begin development of **Resident Placement Support Office** within PCTC.
3. Coordinate **networking** efforts related to GME Expansion Review Board, Advisory members, and PCTC statewide academic network.
4. PCTC developed contract with UNM to organize **FM faculty development training** for new faculty and expanding programs. Will **add Psychiatry** to academic support program in 21.
5. Further develop **Federally Qualified Health Centers and Rural Health Clinics involvement** in Primary Care training due to new Medicaid payment availability.
6. Develop statewide **Chief Resident Support Plan** that includes annual Chief Resident Workshop to strengthen and align programs.
7. Organize and provide didactic, **tele-education, faculty development and ACGME accreditation support** to residency program faculty and staff.
8. Further development of statewide **Educational Support Advisory Team.**

2021 GME EXPANSION RFA OVERVIEW

Minimum amount of funding available for FY21 is $150,000.

- HSD has requested additional $350,000 from legislature for FY21 and FY22.
- Working with CMS to identify potential to leverage federal funds.

Application period opens January 15, 2021.

- Deadline February 28, 2021.
- Review period early March; recipients notified by March 15, 2021.

Applications shall include:

- Abstract
- Narrative
  - Description of Needs
  - Approach
  - Stage of the Program
- Budget outlining use of grant funds.
- 12-month workplan reflecting program stage of development, goals, and objectives.

Resident Salaries is permitted expense for FY21 funding cycle.

ELIGIBLE APPLICANTS & FUNDING PREFERENCES

ELIGIBLE APPLICANTS

- NM licensed hospital;
- Academic medical education institution;
- New or proposed freestanding GME program;
- Established or new GME training consortium; or,
- FQHC or Rural Health Clinic.

FUNDING PREFERENCES

- FQHC applicants;
- Applicants providing services in rural and/or frontier communities;
- Applicants providing services in underserved populations;
- Programs demonstrating commitment to recruit diverse New Mexican residents;
- Programs demonstrating commitment to retain residents in New Mexico post-residency; and,
- Programs demonstrating commitment to providing integrated primary and behavioral health.

APPLICATION SCREENING & RECOMMENDATION FOR FUNDING

SCREENING

GME Expansion Review Board and/or Advisory Group will review applications to determine if they adhere to program requirements and funding priorities.

RECOMMENDATION FOR FUNDING

GME Expansion Review Board shall make funding recommendations to HSD Secretary, who will make the ultimate decision.



HUMAN SERVICES DEPARTMENT



QUESTIONS OR COMMENTS



HUMAN SERVICES DEPARTMENT



APPENDIX

GME Expansion Update: Burrell College of Osteopathic Medicine at NMSU—Family Medicine

Goal:

- Collaborative effort between La Clinica de Familia, Memorial Medical Center, and MountainView Regional Medical Center.
- To expand the Southern NM family residency program from 18 residents to 30 residents by 2023.
- New residents to begin July 2021.

Project Update:

- Expansion Group began weekly meetings June 2020.
- Developed hospital funding for additional positions.
- Obtained ACGME approval for permanent complement increase from 18 to 30 positions.
- Obtained approval for FMC addition at La Clinica de Familia.
- Formulated residency schedule with increased number of residents.

Next Steps:

- Develop appropriate and cooperative GME infrastructure at each site.
- Ensure compliance with ACGME CLER Pathways at each site.
- Formulate oversight and program administration across multiple sites.
- From the resident schedule develop a plan to maximize GME funding and GME Cap development Determine the costs and revenue across the multiple sites.
- Allocate revenue to various sites.
- Begin faculty development.

GME Expansion Update: RMCHCS—Psychiatry

- **Goal:**
  - To create a 2+2 psychiatric residency program in McKinley county at RMCHCS.
  - First-year residents to begin 7/24.

- **Program Update/Next Steps:**
  - Received HSD grant.
  - Financial and Capacity assessments underway.
  - Solidifying tertiary care partner for the first 2 years of the proposed program.
  - Began process of faculty recruitment and development.

GME Expansion Update: MMC/DAC—Psychiatry

Main Goal:

- To create a psychiatric residency program in Doña Ana County.
- A collaborative effort between all behavioral health services and providers in the area.
- First-year residents to begin 7/22 or 7/23

Program Update:

- Germane Solutions finished Proforma
- Block Schedule and Didactic schedule have initial finalization
- Program Letters of Agreement have been sent to partnering organizations
- PIF is in the finale stages

Next Steps:

- Program development – ACGME application to be submitted no later than 1/31/21
- Finalizing MMC as SI
- Entering PIF and CVs into ACGME Ads system

Primary Care Graduate Medical Education Expansion

What is Primary Care Graduate Medical Education Expansion?

HSD, through its Graduate Medical Education (GME) Expansion Program, funds new and expanding primary care GME programs and provides technical assistance to the program network. GME is the physician training period after medical school and before independent practice; and research demonstrates 55% of medical residents will stay within 100 miles of their residency program. Building on the 2019 GME Expansion in NM Five-Year Strategic Plan, it is anticipated primary care programs will grow from 8 to 13 (63% increase) by 2025.

General Fund and Federal Fund (FY2021, 2022, Difference)

	FY 2021	FY 2022	Difference
General Fund	$500,000.0 ($150,000.0 appropriated; $350,000.0 special appropriation request)	$500,000.0 ($150,000.0 appropriated; $350,000.0 special appropriation request)	$0.0
Federal Fund	$0.0	$0.0	$0.0
Total	**$500,000.0**	**$500,000.0**	**$0.0**

Financial Benefits to New Mexicans

- Each physician supports $3,166,901 in output, an average of 17.07 jobs, ~$1.4 million in total wages and benefits, and $126,000 in state and local tax revenues.
- Primary care workforce propels growth in other aspects of the healthcare system, generating $784,752 in billed charges for a hospital and $241,276 in professional fees for specialty consultants.

Benefits to New Mexicans

- Positive impact on population health because individuals with a primary care physician are healthier, regardless of health status or demographics
- Bridge the gap in physician shortages, which exist across all specialties. NM has the oldest physician population, a shortage of providers particularly in rural and frontier communities, and an on-going need for 100 –200 primary care physicians and a similar number of psychiatrists.

Frequently Asked Questions

Q. Have any primary care GME programs received funding for expansion support?

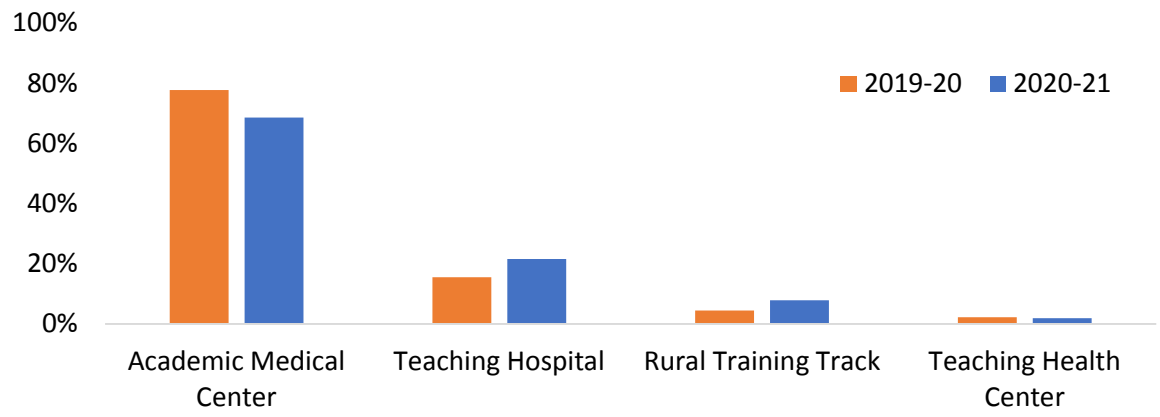
A. Yes, in FY20 three programs were selected to receive funding, totaling $1,000,035:

- Burrell College of Osteopathic Medicine (Las Cruces) to add a total of 12 new Family Medicine residency positions. Anticipated date of arrival of first resident: Summer 2021.
- Memorial Medical Center (Las Cruces) to add a total of 12 new General Psychiatry residency positions. Anticipated date of arrival of first resident: Summer 2022.
- Rehoboth McKinley Christian Health Care Services (Gallup) to add a total of 12 new General Psychiatry residency positions. Anticipated date of arrival of first resident: Summer 2024.

Q. What is NM doing to recruit and retain primary care residents from New Mexico?

A. As primary care GME programs expand, it is important that a statewide academic network be established to provide staff and financial support to community-based programs. The NM Primary Care Training Consortium is working with the State to provide technical assistance to programs related to student and faculty recruitment and retention, as well as curriculum development. HSD is prioritizing funding programs that commit to actively placing residents in New Mexico upon program competition.

NM Distribution of First-Year Primary Care Residents by Specialty, 2019-20 & 2020-21 Years (%)

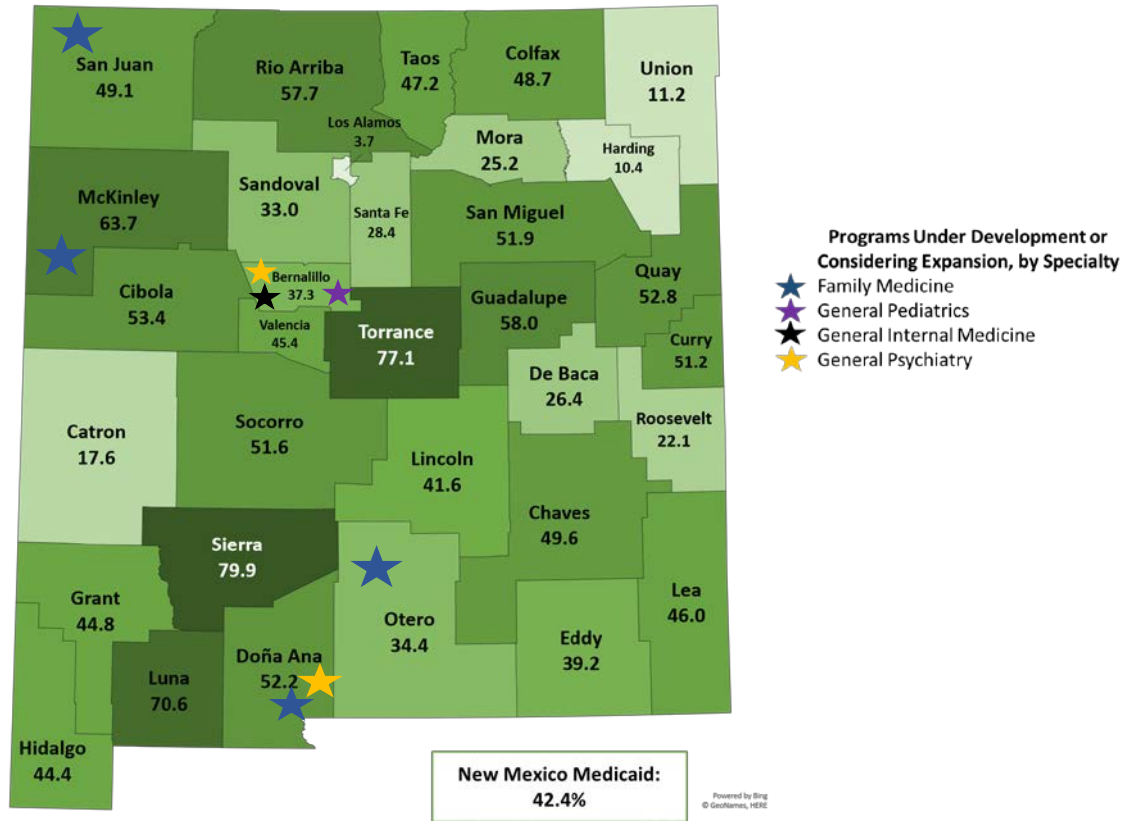


Primary Care Graduate Medical Education Expansion

5-year timeline of New or Expanded Primary Care GME Programs in New Mexico

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General Internal Medicine	-	5	5	5	-	-	15	5
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